

		Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
09:30 - 10:00	Sala 1		Cardiobox		Cardiobox		
14:30 - 15:25	Sala 2		Crosstraining				
18:30 - 19:30	Sala 1	Boxeo		Boxeo			
19:00 - 19:55	Sala 2	Crosstraining					
20:30 - 21:25	Sala 1				Crosstraining		