

		Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
07:00 - 07:30	Zona Queenax				Gap		
07:00 - 07:45	Studio Cycling	Virtual Cycling		Virtual Cycling		Virtual Cycling	
08:30 - 09:00	Zona Queenax	Queenax				Queenax	
08:30 - 09:25	Sala 2					Ponte en forma	
09:00 - 09:25	Sala 1				Abdominales		
09:30 - 10:00	Sala 1		Cardiobox		Cardiobox		
	Sala 2	Fitball					
09:30 - 10:15	Studio Cycling	Virtual Cycling	Cycling	Virtual Cycling	Cycling	Cycling	
09:30 - 10:25	Sala 2		Yoga				
10:00 - 10:25	Sala 2	Abdominales					
	Sala 1		Abdominales				
10:00 - 10:30	Sala 2				Gluteboom		
10:30 - 10:55	Studio Cycling						Cycling
10:30 - 11:00	Sala 2		Tono				
10:30 - 11:15	Studio Cycling	Cycling	Virtual Cycling		Virtual Cycling	Virtual Cycling	
10:30 - 11:25	Sala 2	B.Combat			B.Pump	B.Combat	
11:30 - 12:00	Sala 2	Estiramientos	Estiramientos		Estiramientos	Estiramientos	
	Zona Queenax						Queenax
12:30 - 13:15	Studio Cycling		Virtual Cycling		Virtual Cycling		
14:30 - 15:00	Zona Queenax	Queenax			Queenax		
14:30 - 15:15	Studio Cycling	Virtual Cycling		Virtual Cycling	Virtual Cycling	Virtual Cycling	
14:30 - 15:55	Sala 1					Abdominales	
17:30 - 17:55	Sala 1				Abdominales	Abdominales	
17:30 - 18:15	Studio Cycling	Virtual Cycling	Virtual Cycling	Virtual Cycling	Virtual Cycling	Virtual Cycling	
18:00 - 18:25	Sala 1	Abdominales					
18:00 - 18:55	Sala 2				B.Pump		
18:30 - 19:00	Sala 2	Gluteboom					
18:30 - 19:15	Studio Cycling	Cycling			Virtual Cycling	Virtual Cycling	
19:00 - 19:30	Sala 2	Fitball			Step-Funcional		
	Zona Queenax					Gap	
19:00 - 20:00	Sala 1	Zumba					
19:30 - 19:55	Sala 1				Abdominales		
19:30 - 20:00	Sala 2	Estiramientos					
19:30 - 20:15	Studio Cycling	Cycling	Virtual Cycling	Virtual Cycling	Cycling	Virtual Cycling	
20:00 - 20:55	Sala 2	B.Pump			B.Combat		
20:30 - 21:15	Studio Cycling	Virtual Cycling			Virtual Cycling	Virtual Cycling	
21:00 - 21:30	Zona Queenax	Queenax					